

A PIONEER PRESS NEWSPAPER

Diversions

The 10 most interesting people of 1998

By Martin B. Bartels – Diversions Editor



Sheila Glazov, Author

We'll admit right up front that it's a bit unfair to highlight just 10 people from all those we interviewed this year.

The truth is, most of the creative souls who crossed the path of the Diversions staff are fascinating and insightful, and we thank all of them for sharing their time and conversation with us.

But while the list is, frankly, subjective, it represents those people who we feel best expressed the discovery of their art and their experiences within the creative process.

Barrington resident **Sheila Glazov** is changing the way people think about their brains.

In fact, in her latest book, she's giving brains some color. Four colors, to be exact.

Inspired by the Myers-Briggs personality tests, the system divides dominant personality types into four colors — blue, green, orange and yellow. A blue brain person — Glazov herself, for instance — is helpful, creative, and flexible.

"If you listen carefully to people, they will tell you what color brain they have," Glazov said prior to a local appearance in February. "It becomes a great tool for conflict resolution, and it makes it easy for people to build their relationships. It becomes a part of your life."

The system is designed for almost anyone of any age, but could have the most profound effect on children.

"The goal is to help children understand themselves and their praise-worthy gifts, and to understand one another," she said. "Once they understand themselves, and begin to gain self-esteem, they can become risk-takers versus children at risk.

"If you have good self-esteem, you will make good decisions."

Sheila Glazov was featured with the following 9 other interesting people for 1998. Interesting to note, Sheila was the only author recognized in the article.

Colleen Zenk Pinter – Actor

Gary Cole – Actor

James Solberg – Blues Guitarist

Pip Clarke, Violinist

Camille Cellucci – Titanic Visual Arts Producer

Joel Drake Johnson – Playwright

Chuck Mangione – Jazz Musician

Sam Pacetti – Folk Musician

Rachel Barton – Renowned Chicago Violinist